



Government of South Australia
Department for Education and
Child Development

Mulga Street Primary School

NEWSLETTER

Mulga Street, Mount Gambier SA 5290

Phone - 87259955

Thursday July 27th 2017

Visit our web site at: www.mulgaps.sa.edu.au

Newsletter No.12

Dear Parents/Caregivers

Welcome back to Term 3.

I hope your break was relaxing and quality time was spent with your children.

As we begin another school Term I would like to encourage all families to have children at school on or before the first morning bell at 8.45am. Any child arriving after 8.45am will be marked as late and any child arriving after 9.00am will need to sign in at the front office. In Term 1 there were 957 incidents of lateness. Term 2 there were 865 incidents of lateness. Please let the school know of all absences via a note or phone call as we aim to reach the DECD target of 94%. In Term 1 there were 1216 incidents of absence with 365 of them unexplained and in Term 2 there were 1566 incidents of absence with 754 unexplained.

We would love to have you come and listen to reading and encourage all parents to speak to class teachers about the opportunity to do so. Reading is vital to success in all curriculum areas. This term over 70 children across the school will be accessing reading intervention. It is so important that children read out loud every day.

At the end of Term 2 the mid-year reports were sent home. These may, or may not, have caused some anxiety for families. I would like to extend an invitation to attend an information evening about the assessment and reporting requirements of the Australian Curriculum in South Australia. The guidelines for assessment reporting are quite different to what you may have experienced in the past and it is important that families understand the changes. Please complete the expression of interest and return to the front office.

Mardi McClintock
Principal

Tamarin Condon
Deputy Principal

IMPORTANT DATES

7 th August	5pm Grounds Meeting
11 th August	8am Canteen Meeting
14 th August	6pm Finance Meeting
	7pm Governing Council Mtg
17 th August	6pm Assessment and Reporting Requirements Information Evening

21st August

25th August

4th September

7th September

8th September

11th September

13-15th September

22nd September

26th September

27th September

Book Week Begins

9am Bookweek Parade

5pm Grounds Meeting

Music is Fun Performance

8am Canteen Meeting

6pm Finance Meeting

7pm Governing Council Mtg

Year 5/6 Camp Cape Bridgewater

7pm LC Concert

10.15pm Early Years (R/1) Assembly

12pm Junior Primary (Yr2/3) Assembly

QKR! APP

Don't forget to download the Qkr! App on your phone or tablet. This is a new payment option we are making available to parents to pay for school/preschool/music fees, uniforms, excursions, incursion and pay for lunches from our canteen.



COUNSELLOR'S CORNER



Cold and Flu Prevention

That dreaded time of year again when the school calls because your child is in the front office with a headache and a runny nose. Most times we as adults also feel the effects of a cold coming on and begin feeling a little tired. I have just put down a few thoughts and ideas to help people get through the cold and flu season.

Washing your hands

Every so often during the day wash or use a form of sanitizer to wash your hands. Running lots of water over your hands will dilute any germs and send them down the drain.

Keep your hands off

Touching your nose and your eyes may hurt you. Those are the most common places for germs to get in.



Safety, Trust, Respect



Go to bed

Getting enough sleep on a normal basis can be difficult, you need more z's when you're feeling under the weather. When you are tired, your body is not fighting as hard, so try 8 to 10 hours a night.

Build up with healthy food

You may think it's hard to eat healthy on a regular basis, but eating plenty of fresh fruits and vegetables supports your immune system. That is a lot easier than fighting off the flu.

Work out

Regular exercise contributes to your overall wellness. Exercising regularly enhances your immune function.

Stay away

Keep your distance from people displaying symptoms like sneezing and coughing. While that strategy may seem obvious, it applies to more than just parents and classmates. Stay away from sick friends and family when possible.

Already sick?

Here are four things you can do to get better...

Take some alone time

This is when you will want to shy away from company.

Stay home and take care of yourself.

Watch your symptoms

If it goes from simple sniffles to raging sickness, contact your doctor. Your cold may have escalated to the flu.

Drink, drink, drink

Dehydration can easily occur. If you are unable to keep fluids down, contact your GP.

Disposal

Dispose of all used tissues. As easy as it is to grab whatever is on the couch or bedside table (including crumpled Kleenex), don't, you may be furthering the cold.

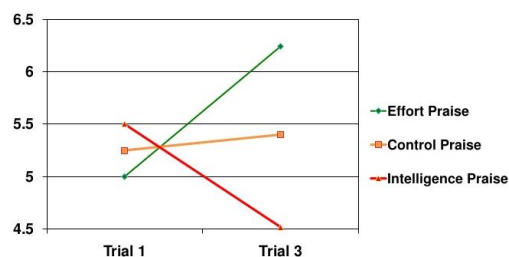
Good Luck and Stay Well,

James Egan (School Counsellor)

THE IMPORTANCE OF PRAISING EFFORT/PROCESS - DWECK & MEULLER

Three types of praise- Intelligence, Process/Effort and Control/Score. In a controlled experiment three groups of year 7's were praised either for their intelligence, process/effort or control/score over a period of time and given a pre and post non-verbal IQ test. At the conclusion of the trial the results overwhelming showed that the students who were praised for effort outperformed their peers in all areas. If we praise only intelligence or score as soon as a child is challenged and finds something difficult then they think they are not smart or won't get a good score and have no resilience to persevere, they tend to give up or not even have a go.

Praise EFFORT!



Intelligence praise

"Wow, that's a really good score. You must be **smart** at this."

Process praise

"Wow, that's a really good score. You must have **tried** really hard."

Control-group praise

"Wow, that's a really good **score**."

MATERIALS & SERVICES CHARGE

A reminder that the Materials & Services Charge (school fees) are now due.

If you have not applied for School Card and believe you may be eligible, please collect a School Card form from the Front Office. School Card must be applied for every year.

Thank you to those families who have made arrangements with the school to pay the fees by instalment.

If you wish to pay by instalment please speak to Sue Shaw (Finance Officer) ASAP. Please do not hesitate to contact Sue if you have any issues in regard to the payment of school fees.

BOOK WEEK BOOK SWAP

During Book Week we will be holding a Book Swap on Friday afternoon 25th August. Children will be able to bring in a maximum of 2 books in good condition to swap for a maximum of 2 alternate books brought by other children. They need to be given to Mrs Pink in the Library by Friday 18th August. On the day of the swap children will be given their swap tokens to exchange for other books. All books left at the end of the day will be donated to Rotary for children overseas to read.

BANK DETAILS

Account Name: Mulga Street Primary School Council Inc

Bank: Commonwealth Bank of Australia

BSB: 065-504

Account Number: 10362131

BOOK WEEK 21st - 25th AUGUST

Every year we celebrate Book Week, this year it will be held Monday 21st to Friday 25th August. The theme for 2017 is 'Escape to Everywhere'. Monday morning we will hold a student assembly to open Book Week and announce competition winners.



Safety, Trust, Respect





On Wednesday 23rd August there will be a Shared Reading Night in our library from 6.30 – 7.30pm with all ages welcome. Throughout the week all classes will be involved in activities with the award winning books. Book Week celebrations will culminate with a Dress Up parade at 9am on Friday 25th August.

AUSKICK 2017

Thank you to all parents who volunteered their time last term in assisting with Auskick. A big thank you to Scott Crute for running the program for the students. All the students enjoyed themselves and look forward to participating again in 2018.



SUSTAINABILITY



PARK & STRADE
MOUNT GAMBIER

DID YOU KNOW?

- Even at busy times there are over 1,300 EMPTY CAR PARKS in the CBD.¹**
- It only RAINS < 70 days a year in peak travel times in Mount Gambier.²**
- The weather is FINE FOR WALKING > 295 days a year in peak travel times.²**
- Currently 57% of CBD customers DO NOT park in front of the shop (even in Winter).³**
- 79% of Mount Gambier adults are OVERWEIGHT or OBESSE.⁴**
- Parking off-street makes on-street parking available for those who really need it.**

¹ City of Mount Gambier parking spaces in CBD and town centre.
² Official Climate and Weathering statistics from 2008-2013. All the weather data today covered at only 10% intervals. Peak travel times are from 8am through to 5pm.
³ Mount Gambier City Council Survey results 2013.
⁴ Mount Gambier City Council Survey results 2013.

COMMUNITY NEWS

SA Dental Service

Keep your kids smiling

Dental care is FREE for ALL babies, preschool and most children under 18 years at School Dental Service clinics. The School Dental Service is a Child Dental Benefits Schedule provider.

Call us now for an appointment!

Your local clinic is: Mount Gambier Dental Clinic
Phone: 8721 1633
www.sahealth.sa.gov.au/sadental



- › Wednesday weekly 4pm - 5pm (during school terms 1, 2 & 3)
- › Suitable for ages 5 - 12 years
- › Bookings Essential (open a week in advance)

LEGO FAN-CLUB



Please contact the Mount Gambier Library for further information | Telephone (08) 8721 2540 | publiclibrary@mountgambier.sa.gov.au
This initiative supports Council's Commitment to the Mount Gambier Charter for Children.

EXPRESSION OF INTEREST

Name _____

Contact No _____

will be attending the information session at 6pm in the library on Thursday 17th August 2017 for Assessment and reporting requirements for Australian Curriculum in SA.



Safety, Trust, Respect





LC 14

Earth's Place in Space



In Science we have investigated Earth's place in the universe and how it interacts with the other planets of the Solar System. We researched and presented our information using different media and made models to demonstrate our knowledge and understanding.

